

**Bridgford® Heat and Serve White Whole Wheat Rolls, 1 oz, 6672**



Product #	6672
GTIN	10047500017173
Case Pack	5/24/1 oz
Serving Size	1 Roll
Storage Temperature	0°F
Shelf Life	365 days
Kosher	No

## Nutrition Facts

120 servings per container  
**Serving size 1 Roll (28g)**

Amount per serving  
**Calories 70**

	% Daily Value*
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 125mg	<b>5%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 1g Added Sugars	<b>2%</b>

<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 8mg	<b>0%</b>
Iron 1mg	<b>6%</b>
Potassium 42mg	<b>0%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**Child Nutrition** 1 Roll = 1 oz equivalent grain servings.

**Product Description** Bridgford Pre-Baked White Whole Wheat Rolls come frozen. Simply "Heat & Serve" from frozen or thawed. **Keep frozen until ready to use for maximum shelf life. Once thawed, follow baking instructions before eating.**

**Benefit of Using this Product** 0g Trans Fat. Easy preparation. Formula using White Whole Wheat Flour. White Wheat 100% Whole Wheat Flour is the first ingredient. 51% of flour from Whole Grains. 2 grams of fiber per serving.

**Serving Suggestion** Serve for table bread service or slice lengthwise and fill with sandwich meats.

**Preparation and Cooking Instructions** Rolls may be heated from thawed or frozen. For best results, allow rolls to thaw for approximately 20 minutes at room temperature or 6 hours in refrigerator. Heating instructions (thawed): Remove tray of rolls from plastic bag. Place on the middle rack in a preheated 325° oven for 6-8 minutes. Remove from oven and brush with melted butter or margarine. Heating instructions (frozen): Remove tray of rolls from plastic bag. Place on the middle rack in a preheated 325° oven for 10-12 minutes. Remove from oven and brush with melted butter or margarine.

**Ingredients** WHITE WHEAT 100% WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANE SUGAR, SHORTENING (INTERESTERIFIED SOYBEAN, WITH DISTILLED MONOGLYCERIDES ADDED), CONTAINS 2% OR LESS OF: YEAST, SALT, SODIUM CASEINATE, WHEY PROTEIN, DOUGH CONDITIONER (CALCIUM SULFATE, ENRICHED BLEACHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ASCORBIC ACID [VITAMIN C], CALCIUM PEROXIDE, ENZYMES AND AMMONIUM SULFATE).

**Contains** Milk, Wheat.

Shipping Facts	Case Weight	Case Pack	Case Dimensions	Case Cube	Tie/High
	9.0 lbs	5/24/1 oz	14.2 x 10.6 x 9.6	0.84	10/6

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