



Bridgford® Heat and Serve Cinnamon Monkey Bread 6830



Product #	6830
GTIN	10047500011201
Case Pack	8/16 oz
Serving Size	1/8th Monkey Bread
Storage Temperature	0°F
Shelf Life	240 days
Kosher	No

Child Nutrition 2 oz = 1.25 oz equivalent grain servings.

Product Description Bridgford Monkey Bread is a cinnamon-sweet, pull-apart treat, ready from

freezer to table in minutes. Keep frozen until ready to use for maximum shelf life. Once thawed, follow heating instructions before eating.

Benefit of Using this Product 0 grams Trans Fat.

Serving Suggestion Serve warm. Great for breakfast or dessert!

Preparation and Cooking Instructions Heat in microwave one at a time for 2-2 1/2 minutes. Invert pan on plate and serve warm.

Ingredients ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MARGARINE (SOYBEAN AND HYDROGENATED SOYBEAN OILS, WATER, SALT, MONO AND DIGLYCERIDES, SOY LECTHIN, SODIUM BENZOATE [PRESERVATIVE], NATURAL AND ARTIFICIAL FLAVOR, BETA-CAROTENE [COLOR] AND VITAMIN A PALMITATE), SUGAR, CORN SYRUP, SHORTENING (INTERESTERIFIED SOYBEAN, WITH DISTILLED MONOGLYCERIDES ADDED), EGGS, MILK POWDER (NONFAT DRY MILK, DRIED WHEY, SOY FLOUR, CALCIUM SULFATE), YEAST, CINNAMON, SALT, FOOD STARCH-MODIFIED, DIACETYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES, DEXTROSE, LECITHIN, ASCORBIC ACID (VITAMIN C), ENZYMES, SODIUM STEAROYL LACTYLATE, CALCIUM PROPIONATE (PRESERVATIVE).

Contains Eggs, Wheat, Soybean, Milk

Nutrition Facts

8 servings per container

Serving size

1/8th Monkey Bread (57g)

Amount per serving

Calcium 44mg

Iron 1mg

4%

6%

Calories	200
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 230mg	10%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	4%
Total Sugars 13g	
Includes 12g Added Si	ugars 24%
Protein 3g	
Vitamin D 0mcg	0%

2% Potassium 58mg *The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Shipping Facts	Case Weight	Case Pack	Case Dimensions	Case Cube	Tie/High
	9.9 lbs	8/16 oz	18 x 9.3125 x 9.3125	0.9	10/8

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Jean Moore, Nutrition Specialist

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