

Bridgford® White Whole Wheat Sheet Dough, Layer Pack 6729



Product #	6729
GTIN	10047500013960
Case Pack	15/24 oz
Serving Size	1/12 of Sheet
Storage Temperature	0°F
Shelf Life	120 days
Kosher	No

Nutrition Facts

180 servings per container
Serving size 1/12th of Sheet
 (57g)

Amount per serving
Calories **150**

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 27g	10%
Dietary Fiber 3g	9%
Total Sugars 4g	
Includes 3g Added Sugars	6%

Protein 6g

Vitamin D 0mcg	0%
Calcium 17mg	2%
Iron 1mg	8%
Potassium 107mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Child Nutrition 1 oz of bread = 1 oz equivalent grain servings.

Product Description Bridgford Frozen White Whole Wheat Sheet Dough is a 15/24 oz pre-formed, all-purpose yeast dough sheet. Each 24 oz sheet is 11.25" x 16" and 0.375" thick. These thin dough sheets thaw quickly, and are ready to be shaped and cut into many fresh baked, high profit items.

Benefit of Using this Product 0 grams Trans Fat. 0 grams Saturated Fat. Bridgford White Whole Wheat Sheet Dough has 3 grams of fiber per 2 oz serving. Made with White Wheat 100% Whole Wheat. Fits into the Healthier US School Challenge. Fits into California SB12.

Serving Suggestion Focaccia, Stromboli, Pizza, Coffee Cakes, Breadsticks and many other high profit recipes.

Preparation and Cooking Instructions Remove the desired number of sheets of dough from freezer. Separate each sheet. Place one frozen sheet dough on a lightly greased half sheet pan. Let thaw 15 to 20 minutes. Use sheet dough to make pizza, stromboli, cinnamon rolls, or your favorite recipe. Baking time and temperature vary according to recipe. After proofing until double in size, bake in a preheated 325 convection (375 conventional) oven for 15 minutes (longer for some recipes). Contact Bridgford Foods for recipe ideas (800) 854-3255 or at www.bridgford.com.

Ingredients WHITE WHEAT 100% WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS LESS THAN 2% OF HONEY, SALT, MILK POWDER (WHEY, NON-FAT DRY MILK, CALCIUM SULFATE), SOY FLOUR, MONOCALCIUM PHOSPHATE, ENZYME, ASCORBIC ACID (VITAMIN C), POTASSIUM IODATE, WHEAT FIBER.

Contains Wheat, Soybean, Milk

Shipping Facts	Case Weight	Case Pack	Case Dimensions	Case Cube	Tie/High
	24.5 lbs	15/24 oz	17.9x12.9x5.0	0.6681	7/12



Jean Moore, Nutrition Specialist