**Product Description**  Bridgford Blueberry Flavored White Whole Wheat Biscuits are fully baked and formulated for the microwave. They may be heated in conventional ovens, convection ovens, microwave ovens, or warming cabinets.

**Benefit of Using this Product**  0 grams Trans Fat. Made with White Wheat 100% Whole Wheat Flour. White Wheat Flour is the first ingredient, which is 51% Whole Grain. Each biscuit is individually wrapped (IW) as a “single serve” portion. It is an ideal item for tray feeding in school and healthcare institutions.

**Serving Suggestion**  Simply heat and serve Bridgford Blueberry Flavored White Whole Wheat Biscuits directly in the clear overwrap, for a delicious breakfast or snack!

**Preparation and Cooking Instructions**  Remove desired number of IW biscuits from product case. Let biscuits thaw (do not heat from frozen). Heat biscuits (do not remove clear overwrap). Oven: arrange evenly on sheet pan(s) and heat biscuits in a preheated 325 degree convection (375 conventional) oven for 7 minutes. Microwave: heat 1 biscuit (in clear overwrap) for approximately 10 seconds. 2 biscuits, 20 seconds. Note: microwave instructions are based upon a 1300 watt microwave oven. Times may vary.

**Ingredients**  WHITE WHEAT 100% WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SHORTENING (INTERESTERIFIED SOYBEAN WITH DISTILLED MONOGLYCERIDES), BLUEBERRY FLAVOR (SUGAR, VEGETABLE OIL [PALM, PALM KERNEL], NATURAL FLAVOR, MALIC ACID, FRUIT AND VEGETABLE JUICE FOR COLOR, SOY LECITHIN, SODIUM CITRATE), BAKING POWDER (CALCIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE), HONEY, BUTTERMILK SOLIDS, SALT, MONOGLYCERIDES WITH ASCORBIC ACID AND CITRIC ACID (ANTIOXIDANTS), XANTHAN GUM, BLUEBERRY FLAVOR.

**Contains**  Milk, Soybean, Wheat