

**Bridgford® Heat and Serve White Whole Wheat Rolls, 1 oz, 6672**



<b>Product #</b>	6672
<b>GTIN</b>	10047500017173
<b>Case Pack</b>	5/24/1 oz
<b>Serving Size</b>	2 Rolls
<b>Storage Temperature</b>	0°F
<b>Shelf Life</b>	365 days
<b>Kosher</b>	No

**Nutrition Facts**

60 servings per container  
**Serving size** 2 Roll (57g)

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**Amount per serving**

**Calories** **140**

% Daily Value\*

<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 250mg	<b>11%</b>
<b>Total Carbohydrate</b> 26g	<b>9%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 3g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	<b>0%</b>
Calcium 16mg	<b>2%</b>
Iron 1mg	<b>6%</b>
Potassium 85mg	<b>2%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**Child Nutrition** 1 Roll = 1 oz equivalent grain servings.

**Product Description** Bridgford Pre-Baked White Whole Wheat Rolls come frozen. Simply "Heat & Serve" from frozen or thawed.

**Benefit of Using this Product** 0 grams Trans Fat. Healthy formula using White Whole Wheat Flour. White Wheat 100% Whole Wheat Flour is the first ingredient. 51% of flour from Whole Grains. 2 grams of fiber per serving.

**Serving Suggestion** Serve for table bread service or slice lengthwise and fill with sandwich meats.

**Preparation and Cooking Instructions** Rolls may be heated from thawed or frozen. For best results, allow rolls to thaw for approximately 20 minutes at room temperature or 6 hours in refrigerator. Heating instructions (thawed): Remove tray of rolls from plastic bag. Place on the middle rack in a preheated 325° oven for 6-8 minutes. Remove from oven and brush with melted butter or margarine. Heating instructions (frozen): Remove tray of rolls from plastic bag. Place on the middle rack in a preheated 325° oven for 10-12 minutes. Remove from oven and brush with melted butter or margarine.

**Ingredients** WHITE WHEAT 100% WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANE SUGAR, SHORTENING (INTERESTERIFIED SOYBEAN, WITH DISTILLED MONOGLYCERIDES ADDED), CONTAINS 2% OR LESS OF: YEAST, SALT, SODIUM CASEINATE, WHEY PROTEIN, DOUGH CONDITIONER (CALCIUM SULFATE, ENRICHED BLEACHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ASCORBIC ACID [VITAMIN C], CALCIUM PEROXIDE, ENZYMES AND AMMONIUM SULFATE).

**Contains** Milk, Soybean, Wheat.

Shipping Facts	Case Weight	Case Pack	Case Dimensions	Case Cube	Tie/High
	9.0 lbs	5/24/1 oz	14.2x10.6x9.6	0.8362	10/6



Jean Moore, Nutrition Specialist

January 1, 2023