

Bridgford® Heat and Serve White Whole Wheat Rolls, 1 oz, 6672



Child Nutrition 1 Roll = 1 oz equivalent grain servings.

Product Description Bridgford Pre-Baked White Whole Wheat Rolls come frozen. Simply "Heat & Serve" from frozen or thawed. **Keep frozen until ready to use for maximum shelf life. Once thawed, follow baking instructions before eating.**

Benefit of Using this Product 0g Trans Fat. Easy preparation. Formula using White Whole Wheat Flour. White Wheat 100% Whole Wheat Flour is the first ingredient. 51% of flour from Whole Grains. 2 grams of fiber per serving.

Serving Suggestion Serve for table bread service or slice lengthwise and fill with sandwich meats. Preparation and Cooking Instructions Rolls may be heated from thawed or frozen. For best results, allow rolls to thaw for approximately 20 minutes at room temperature or 6 hours in refrigerator. Heating instructions (thawed): Remove tray of rolls from plastic bag. Place on the middle rack in a preheated 325° oven for 6-8 minutes. Remove from oven and brush with melted butter or margarine. Heating instructions (frozen): Remove tray of rolls from plastic bag. Place on the middle rack in a preheated 325° oven for 10-12 minutes. Remove from oven and brush with melted butter or margarine.

Ingredients WHITE WHEAT 100% WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANE SUGAR, SHORTENING (INTERESTERIFIED SOYBEAN, WITH DISTILLED MONOGLYCERIDES ADDED), CONTAINS 2% OR LESS OF: YEAST, SALT, SODIUM CASEINATE, WHEY PROTEIN, DOUGH CONDITIONER (CALCIUM SULFATE, ENRICHED BLEACHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], ASCORBIC ACID [VITAMIN C], CALCIUM PEROXIDE, ENZYMES AND AMMONIUM SULFATE). Contains Milk, Wheat.

Shipping Facts	Case Weight	Case Pack	Case Dimensions	Case Cube	Tie/High
	9.0 lbs	5/24/1 oz	14.2 x 10.6 x 9.6	0.84	10/6

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Product #	6672	
GTIN	10047500017173	
Case Pack	5/24/1 oz	
Serving Size	1 Roll	
Storage Temperature	0°F	
Shelf Life	365 days	
Kosher	No	

Nutrition Facts

120 servings per container 1 Roll (28g) Serving size Amount per serving Calories % Daily Value Total Fat 1g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 125mg 5% Total Carbohydrate 13g 5% Dietary Fiber 1g 4% Total Sugars 1g Includes 1g Added Sugars 2% Protein 2g 0% Vitamin D 0mcg Calcium 8mg 0% Iron 1mg 6% 0% Potassium 42mg *The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Jean Moore, Nutrition Specialist

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