



The Fresh-Baked Idea Company®

MADE IN THE USA

Bridgford® Heat and Serve Honey Wheat Rolls, 1.5 oz, 6668



Product #	6668
GTIN	10047500007402
Case Pack	5/15/1.5 oz
Serving Size	1 Roll
Storage Temperature	0°F
Shelf Life	365 days
Kosher	No

Nutrition Facts

75 servings per container
Serving size 1 Roll (43g)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 2g Added Sugars	4%

Protein 4g	
Vitamin D 0mcg	0%
Calcium 17mg	2%
Iron 1mg	6%
Potassium 80mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Child Nutrition 1 Roll = 1.25 oz equivalent grain servings.

Product Description Bridgford Pre-Baked Honey Wheat Rolls come frozen. Simply "Heat & Serve" from frozen or thawed.

Benefit of Using this Product 0 grams Trans Fat. Made with Whole Wheat Flour. Whole Wheat Flour is the first ingredient. 51% of Flour from Whole Grains.

Serving Suggestion Serve warm.

Preparation and Cooking Instructions Rolls may be heated from thawed or frozen. For best results, allow rolls to thaw for approximately 20 minutes at room temperature or 6 hours in refrigerator. Heating instructions (thawed): Remove tray of rolls from plastic bag. Place on the middle rack in a preheated 325° oven for 6-8 minutes. Remove from oven and brush with melted butter or margarine. Heating instructions (frozen): Remove tray of rolls from plastic bag. Place on the middle rack in a preheated 325° oven for 10-12 minutes. Remove from oven and brush with melted butter or margarine.

Ingredients WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANE SUGAR, SHORTENING (PALM OIL, MONO & DIGLYCERIDES, POLYSORBATE 60), MILK POWDER (NONFAT DRY MILK, DRIED WHEY, SOY FLOUR, CALCIUM SULFATE), CONTAINS 2% OR LESS OF: HONEY, YEAST, SALT, WHEAT GLUTEN, SODIUM CASEINATE AND WHEY PROTEIN CONCENTRATE, BUTTER FLAVORED OIL (WATER, SOYBEAN OIL, NATURAL AND ARTIFICIAL FLAVORS, XANTHAN GUM, SODIUM BENZOATE [PRESERVATIVE], CITRIC ACID [PRESERVATIVE], ANNATTO, BHA, AND MIXED TOCOPHEROLS), DOUGH CONDITIONER (CALCIUM SULFATE, ASCORBIC ACID [VITAMIN C], CALCIUM PEROXIDE, ENZYMES AND AMMONIUM SULFATE).

Contains Wheat, Soybean, Milk

Shipping Facts	Case Weight	Case Pack	Case Dimensions	Case Cube	Tie/High
	8.5 lbs	5/15/1.5 oz	14.2x10.6x9.6	0.8362	10/6

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