

**Bridgford® Sopapilla Dough, Layer Pack 6219**



Product #	6219
GTIN	10047500008683
Case Pack	240/1.35 oz
Serving Size	1 Piece
Storage Temperature	0°F
Shelf Life	120 days
Kosher	No

<b>Nutrition Facts</b>	
240 servings per container	
<b>Serving size</b>	<b>1 Piece (38g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>90</b>
	% Daily Value*
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 13mg	<b>2%</b>
Iron 1mg	<b>6%</b>
Potassium 33mg	<b>0%</b>
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

**Child Nutrition** 1 Piece = 1.25 oz equivalent grain servings

**Product Description** Bridgford Sopapilla Dough comes frozen. It is ready for quick frying to produce "homemade" Sopapillas/Fry Bread. Simply remove pre-portioned Sopapilla Dough from case, break apart desired number of pieces, let thaw, and fry.

**Benefit of Using this Product** 0 grams Trans Fat.

**Serving Suggestion** Serve warm.

**Preparation and Cooking Instructions** Remove sheet of dough from case. Heat oil in a 375 degree fryer. Fry each square of thawed dough for 45 seconds on one side, turn over and cook for 35 seconds more or until golden brown. Remove from fryer. Drain. Roll in powdered sugar, cinnamon sugar, or serve with honey and butter.

**Ingredients** ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS 2% OR LESS OF: CANE SUGAR, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, AND MONOCALCIUM PHOSPHATE), MILK POWDER (NONFAT DRY MILK, DRIED WHEY, CALCIUM SULFATE) SHORTENING (INTERESTERIFIED SOYBEAN, WITH DISTILLED MONOGLYCERIDES ADDED), SALT, MONOCALCIUM PHOSPHATE, SOY FLOUR, ENZYME, POTASSIUM IODATE, ASCORBIC ACID (VITAMIN C), SODIUM STEAROYL LACTYLATE.

**Contains** Wheat, Soybean, Milk

Shipping Facts	Case Weight	Case Pack	Case Dimensions	Case Cube	Tie/High
	21.75 lbs	240/1.35 oz	18.0625 x 13.125 x 5.0	0.69	7/12



Jean Moore, Nutrition Specialist

January 1, 2023