Submission Data File

	General Information	
Form Type	4	
Contact Name	M2 Compliance	
Contact Phone	754-243-5120	
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Return Copy	Yes	
	(End General Information)	

	Document Information	
	1	
Name 1	ownership.xml	
Туре 1	4	
Description 1		
	(End Document Information)	

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	FORM 4	UNITED		NGE	OMB	APF	PROVAL
			COMMISSION Washington, D.C. 20549		OMB Number:		3235-0287
	Check this box if no longer		Washington, D.C. 20049		Estimated ave burden hours	rage	0.5
X	subject to Section 16. Form 4 or Form 5	STATE	MENT OF CHANGES IN BENEFICI	AL	per response		
Δ	obligations may continue.		OWNERSHIP				
	See Instruction 1(b).		ant to Section 16(a) of the Securities Exchange Act of ection 30(h) of the Investment Company Act of 1940	1934			
		010	cellen so(ii) of the investment company Act of 1940				
	Check this box to indicate that a transaction was						
	made pursuant to a contract, instruction or						
	written plan that is						
	intended to satisfy the affirmative defense						
	conditions of Rule 10b5-1(c). See Instruction						
	10.						
		· _ *	2. Issuer Name and Ticker or Trading Symbol	5 Polation	ship of Report	ng P	orcon(c) to
	ame and Address of Report Agford Brian E.	ing Person	BRIDGFORD FOODS CORP [BRID]	Issuer		ny F	
				`	all applicable) ector		10% Owner
(Last) (First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)		icer (give		Other (specify
170	N. GREEN STREET		10/01/2024		e below)	Х	below)
	IV. OKEEN STREET				V.P. Proc	lucti	on
(Stre	et)		4. If Amendment, Date of Original Filed (Month/Day/		al or Joint/Grou	ıp Fil	ng (Check
CHI	ICAGO, IL	60607	Year)	Applicable	,	Der	erting Deveer
					rm filed by One	•	orting Person
(City)) (State)	(Zip)			porting Persor		

Table I – Non-De	rivative Sec	urities A	Acquir	ed,	l Disposed	l of, o	r Bene	ficially Owne	d	
1. Title of Security (Instr. 3)	2. Transaction Date (Month/ Day/Year)	th/ Deemed Execution Date, if any (Month/ CMOnth/ CMON	Transaction Code (Instr.					5. Amount of Securities Beneficially Owned Following	Form: Direct (D) or	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)					
Common Stock \$1.00 P.V.	10/01/2024		Р		300	Α	\$9.1	3,011	D	

Table II – Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)											
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/ Day/Year)	3A. Deemed Execution Date, if any (Month/ Day/ Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

CodeV(A)(D)DateExpirationAmour orDateV(A)(D)ExercisableTitleShare
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Explanation of Responses: Remarks:

/s/ Brian E. Bridgford

** Signature of Reporting Person

10/01/2024

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.