Submission Data File

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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPR | OVAL |
|---|-----------|
| OMB Number: | 3235-0287 |
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X

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Bridgford Baron | | ting Person [*] | 2. Issuer Name and Ticker or Trading Symbol BRIDGFORD FOODS CORP [BRID] | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | | | |
|---|---------|--------------------------|---|---|--|--|--|--|--|--|
| | | | | Director 10% Owner | | | | | | |
| (Last) (First) (Middle) 1415 W. 44TH STREET | | (Middle) | 3. Date of Earliest Transaction (Month/Day/Year) 03/31/2025 | Officer (give X Other (specify title below) | | | | | | |
| | | | | President, BFI | | | | | | |
| (Street) | | | 4. If Amendment, Date of Original Filed (Month/ | 6. Individual or Joint/Group Filing (Check | | | | | | |
| CHICAGO, | Π. | 60609 | Day/Year) | Applicable Line) | | | | | | |
| emendo, | IL. | 00007 | | X Form filed by One Reporting Person | | | | | | |
| (City) | (State) | (Zip) | | Form filed by More than One Reporting Person | | | | | | |
| | | | | | | | | | | |

| Table I – Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | I |
|--|---|-----------------------------------|---------------------------------|---|---------------------------------------|---------------|--------|--|---|---|
| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/ Day/Year) | 2A. Deemed Execution Date, if any | 3. Transac Code (li 8) | | 4. Securities Disposed O and 5) | | | 5. Amount of Securities Beneficially Owned Following | 6. Ownership Form: Direct (D) or Indirect (I) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | (Month/ Day/ Year) | Code | V | Amount | (A) or (D) | Price | Reported Transaction(s) (Instr. 3 and 4) | (Instr. 4) | |
| Common Stock \$1.00 P.V. | 03/31/2025 | | P | | 100 | A | \$8.15 | 3,600 | D | |

| | | Table I | | | | Acquired, Dispos nts, options, co | • | | y Owned | | |
|---|---|---|--|---|---|--|---|--|--|---|--|
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/ Day/Year) | 3A. Deemed Execution Date, if any (Month/ Day/ Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |

| | | | | | | | | Amount |
|--|------|---|-----|-----|-------------|------------|-------|--------|
| | | | | | | | | |
| | | | | | | | | or |
| | | | | | | | | Number |
| | | | | | Date | Expiration | | of |
| | Code | V | (A) | (D) | Exercisable | Date | Title | Shares |

Explanation of Responses:

Remarks:

/s/ Baron Bridgford Sr.

04/01/2025

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4(b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).