### **Submission Data File**

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#### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

# OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours 0.5 per response

### X

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Bridgford Allan Jr.		ting Person <sup>*</sup>	2. Issuer Name and Ticker or Trading Symbol BRIDGFORD FOODS CORP [ BRID ]	Relationship of Reporting Person(s) to Issuer     (Check all applicable)						
				Director 10% Owner						
(Last)	st) (First) (Middle)		3. Date of Earliest Transaction (Month/Day/Year)	Officer (give X Other (specify						
1700 FAIRFAX LANE			03/28/2025	title below) A below)						
		_		Consultant						
(Street)			4. If Amendment, Date of Original Filed (Month/	6. Individual or Joint/Group Filing (Check						
OAKBACK			Day/Year)	Applicable Line)						
TERRACE, IL 6		60181		X Form filed by One Reporting Person						
				Form filed by More than One						
(City)	(State)	(Zip)		Reporting Person						

Table I – Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1. Title of Security (Instr. 3)	2. Transaction Date (Month/ Day/Year)	2A. Deemed Execution Date, if any	3. Transac Code (II 8)		4. Securities Disposed O and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
		(Month/ Day/ Year)	Code	V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock \$1.00 P.V.	03/28/2025		P		100	A	\$8.34	44,700	D	
Common Stock \$1.00 P.V.	03/31/2025		P		300	A	\$8.34	45,000	D	

						<u> </u>					l
		Table I				Acquired, Disponts, c			y Owned		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/ Day/Year)	3A. Deemed Execution Date, if any (Month/ Day/ Year)	4. Transaction Code (Instr. 8)	1	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

		and 5	5)				
							Amount or Number
Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	of Shares

**Explanation of Responses:** 

Remarks:

/s/ Allan Linley Bridgford, Jr.

04/01/2025

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4(b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).