Submission Data File

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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *			2. Issuer Name and Ticker or Trading Symbol BRIDGFORD FOODS CORP [BRID]	(Ch	Relationship of Reporting Person(s) to Issuer (Check all applicable)					
			<u> </u>	X	Director	10% Owner				
(Last)	t) (First) (Middle)		3. Date of Earliest Transaction (Month/Day/Year)	7	Officer (give title	Other (specify				
9595 WILSHIRE BLVD., SUITE 710		., SUITE 710	09/12/2023		below)	below)				
(Street)			4. If Amendment, Date of Original Filed	6 Indi	vidual or Joint/Group F	iling (Check				
BEVERLY	FVFRIV		(Month/Day/Year)		Applicable Line)					
HILLS,	CA	90212		X	Form filed by One Reporting Person					
(City)			_		Form filed by More to Person	han One Reporting				
Rule 10b5-1(d	c) Transaction I					4:-E . 41				
			transaction was made pursuant to a contract, instruction or w -1(c). See Instruction 10.	vritten pia	in that is intended to sa	itisty the affirmative				

Table I – Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.					5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code	V	Amount	(A) or (D)	Price	Reported Transaction (s) (Instr. 3 and 4)	(I) (Instr. 4)				
Common Stock \$1.00 P.V.	09/12/2023		P		100	A	\$11.2	4,346	D				
Common Stock \$1.00 P.V.	09/14/2023		P		100	A	\$11.34	4,446	D				

\vdash	<u> </u>	Table I	l Dorivetive	Sagur	اسا			rod Dion	oood of		l	ally Own			
	Table II – Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Ir 8)			rative rities ired rosed)	6. Date Exer and Expiratio (Month/Day/	n Date	Amou Secu Unde Deriv Secu	erlying ative	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

Remarks:

/s/ Dennis Gregory Scott

 $\frac{11/14/2023}{\text{Date}}$

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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