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 EX-31.1
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 Exhibit 31.1

 EX-31.2
 ex31-2.htm
 Exhibit 31.2

 EX-32.1
 ex32-1.htm
 Exhibit 32.1

 EX-32.2
 ex32-2.htm
 Exhibit 32.2

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 FORM 10-Q

(Mark one)
[X] QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d) OF
THE SECURITIES AND EXCHANGE ACT OF 1934

For the quarterly period ended July 8, 2016

OR

OK	
TRANSITION REPORT PURSUANT TO	SECTION 13 OR 15(d) OF
THE SECURITIES EXCHANGE	E ACT OF 1934
For the transition period from	to
Commission file number	000-02396
Bridgford	\mathbf{A}

BRIDGFORD FOODS CORPORATION

(Exact name of Registrant as specified in its charter)

California

(State or other jurisdiction of incorporation or organization)

95-1778176

(I.R.S. Employer identification number)

1308 N. Patt Street, Anaheim, CA 92801

(Address of principal executive offices-Zip code)

714-526-55330

(Registrant's telephone number, including area code)

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days.

Yes [X] No[]

Indicate by check mark whether the Registrant has submitted electronically and posted on its corporate Web site, if any, every Interactive Data File required to be submitted and posted pursuant to Rule 405 of Regulation S-T (§232.405 of this chapter) during the preceding 12 months (or for such shorter period that the registrant was required to submit and post such files).

Yes [X] No[]

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, or a smaller reporting company. See the definitions of "large accelerated filer," "accelerated filer," and "smaller reporting company" in Rule 12b-2 of the Exchange Act.

Large accelerated filer []	Accelerated filer []
Non-accelerated filer [] (Do not check if smaller reporting company	Smaller reporting company [X]
Indicate by check mark whether the registrant is a shell company (as d	lefined in Rule 12b-2 of the Exchange Act).
	Yes [] No [X]

As of August 15, 2016 the registrant had 9,076,832 shares of common stock outstanding.

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BRIDGFORD FOODS CORPORATION FORM 10-Q QUARTERLY REPORT INDEX

References to "Bridgford Foods" or the "Company" contained in this Quarterly Report on Form 10-Q refer to Bridgford Foods Corporation.

Part I. Financial Information

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Part I. Financial Information

Item 1. A.

BRIDGFORD FOODS CORPORATION CONDENSED CONSOLIDATED BALANCE SHEETS

(in thousands, except per share amounts)

		July 8, 2016	 October 30, 2015
ASSETS	(U	naudited)	
ASSETS			
Current assets:			
Cash and cash equivalents	\$	12,286	\$ 5,842
Accounts receivable, less allowance for doubtful accounts of \$55 and \$146, respectively, and promotional		14260	14.610
allowances of \$2,694 and \$3,061, respectively		14,268	14,619
Inventories, less inventory reserves of \$324 and \$381, respectively (Note 2)		21,575	19,977
Prepaid expenses and other current assets		1,045	 319
Total current assets		49,174	40,757
Property, plant and equipment, net of accumulated depreciation and amortization of \$61,629 and \$60,454, respectively		10,594	10,235
Other non-current assets		24,360	24,310
Total assets	\$	84,128	\$ 75,302
LIABILITIES AND SHAREHOLDERS' EQUITY			
Current liabilities:			
Accounts payable	\$	6,415	\$ 6,087
Accrued payroll, advertising and other expenses		4,767	5,203
Current portion of non-current liabilities		3,411	2,825
Income taxes payable		1,322	96
Total current liabilities		15,915	14,211
Non-current liabilities		27,422	25,446
Total liabilities		43,337	39,657
Commitments and contingencies (Note 3)			
Shareholders' equity:			
Preferred stock, without par value; authorized – 1,000 shares; issued and outstanding – none		_	
Common stock, \$1.00 par value; authorized – 20,000 shares; issued and outstanding –9,076 and 9,080 shares,			
respectively		9,134	9,138
Capital in excess of par value		8,298	8,334
Retained earnings		45,489	40,303
Accumulated other comprehensive loss		(22,130)	(22,130
Total shareholders' equity		40,791	35,645
Total liabilities and shareholders' equity	\$	84,128	\$ 75,302

See accompanying notes to condensed consolidated financial statements.

Item 1. B.

BRIDGFORD FOODS CORPORATION CONDENSED CONSOLIDATED STATEMENTS OF OPERATIONS

(unaudited)

(in thousands, except per share amounts)

	12 weeks ended			36 weeks ended			
		July 8, 2016		uly 10, 2015	July 8, 2016		July 10, 2015
Net sales	\$	29,892	\$	26,489	\$ 97,193	\$	87,896
Cost of products sold		17,719		15,869	 59,010		57,382
Gross margin		12,173		10,620	38,183		30,514
Selling, general and administrative expenses		9,862		8,623	 30,300	_	25,848
Income before taxes		2,311		1,997	7,883		4,666
Income tax provision		489		142	 2,697		142
Net income	\$	1,822	\$	1,855	\$ 5,186	\$	4,524
Net income per share – Basic and diluted	\$	0.20	\$	0.20	\$ 0.57	\$	0.50
Weighted average common shares – Basic and diluted		9,077		9,095	9,078		9,104

See accompanying notes to condensed consolidated financial statements.

Item 1. c.

BRIDGFORD FOODS CORPORATION CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS (Unaudited) (in thousands)

		36 weeks ended				
		uly 8, 2016	July 10, 2015			
Cash flows from operating activities:			2010			
Net income	\$	5,186 \$	4,524			
Income or charges not affecting cash and cash equivalents:						
Depreciation		2,040	2,095			
(Recovery on) provision for losses on accounts receivable		(128)	20			
(Reduction in) provision for promotional allowances		367	85			
Gain on sale of property, plant and equipment		3	(122)			
Changes in operating assets and liabilities:						
Accounts receivable		112	877			
Inventories		(1,598)	4,969			
Prepaid expenses and other current assets		(726)	(139)			
Other non-current assets		(50)	(165)			
Accounts payable		232	(999)			
Accrued payroll, advertising and other expenses		168	43			
Income taxes payable		1,322	-			
Non-current liabilities		2,124	(691)			
Net cash provided by operating activities		9,052	10,497			
Cash used in investing activities:						
Proceeds from sale of property, plant and equipment		15	47			
Additions to property, plant and equipment		(2,486)	(549)			
Net cash used in investing activities		(2,471)	(502)			
Cook wood in financing activities						
Cash used in financing activities:		(40)	(204)			
Shares repurchased Payment of capital lease obligations		(97)	(204) (127)			
Net cash used in financing activities		(137)	(331)			
•		· · · · · · · · · · · · · · · · · · ·				
Net increase in cash and cash equivalents		6,444	9,664			
Cash and cash equivalents at beginning of period		5,842	192			
Cash and cash equivalents at end of period	\$	12,286 \$	9,856			
Supplemental cash flow information:						
Cash paid for income taxes	\$	1,589 \$	45			
•	<u> </u>					
Returned OTR (over-the-road) tractors originally financed by capital lease obligation	\$	(132) \$	(656)			

See accompanying notes to condensed consolidated financial statements.

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Item 1. d.

BRIDGFORD FOODS CORPORATION

NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS (Unaudited)

(in thousands, except percentages, share and per share amounts)

Note 1 - Summary of Significant Accounting Policies:

The unaudited condensed consolidated financial statements of Bridgford Foods Corporation (the "Company", "we", "our", "us") for the twelve and thirty-six weeks ended July 8, 2016 and July 10, 2015 have been prepared in conformity with the accounting principles described in the Company's Annual Report on Form 10-K for the fiscal year ended October 30, 2015 (the "Annual Report") and include all adjustments considered necessary by management for a fair presentation of the interim periods. This report should be read in conjunction with the Annual Report. Due to seasonality and other factors, interim results are not necessarily indicative of the results for the full year. Recent accounting pronouncements and their effect on the Company are discussed in Management's Discussion and Analysis of Financial Condition and Results of Operations in this Form 10-Q.

The October 30, 2015 balance sheet amounts within these interim condensed consolidated financial statements were derived from the audited fiscal 2015 financial statements.

The preparation of consolidated financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities as of the date of the financial statements and the reported revenues and expenses during the reporting periods. Actual results may vary from these estimates. Some of the estimates needed to be made by management include the allowance for doubtful accounts, promotional and returns allowances, inventory reserves, the estimated useful lives of property and equipment, and the valuation allowance for the Company's deferred tax assets. Actual results could materially differ from these estimates. Amounts estimated related to liabilities for self-insured workers' compensation, employee healthcare and pension benefits are especially subject to inherent uncertainties and these estimated liabilities may ultimately settle at amounts which vary from our current estimates. Market conditions and the volatility in stock markets may cause significant changes in the measurement of our pension fund liabilities and the performance of our life insurance policies in future periods.

Financial instruments that subject the Company to credit risk consist primarily of cash and cash equivalents, accounts receivable, accounts payable and accrued payroll, advertising and other expenses. The carrying amount of these instruments approximate fair market value due to their short term maturity. At July 8, 2016, the Company had accounts in excess of the Federal Deposit Insurance Corporation insurance coverage limit. The Company has not experienced any losses in these accounts and believes it is not exposed to any significant credit risk on cash and cash equivalents. The Company grants payment terms to a significant number of customers that are diversified over a wide geographic area. The Company monitors the payment histories of its customers and maintains an allowance for doubtful accounts which is reviewed for adequacy on a quarterly basis. The Company does not require collateral from its customers.

The table below shows customers that accounted for more than 20% of consolidated accounts receivable ("AR") or 10% of consolidated sales for the thirty-six weeks ended July 8, 2016 and July 10, 2015, respectively.

Customer Concentration > 20% of AR or 10% of Sales *

	Wal-Mart	
	Sales Al	R
July 8, 2016	38.3%	45.6%
July 10, 2015	31.9%	45.5%

^{* =} No other customer accounted for more than 20% of consolidated accounts receivable or 10% of consolidated sales for the thirty-six weeks ended July 8, 2016 or the thirty-six weeks ended July 10, 2015.

Subsequent events

Management has evaluated events subsequent to July 8, 2016 through the date that the accompanying condensed consolidated financial statements were filed with the Securities and Exchange Commission for transactions and other events which may require adjustments of and/or disclosure in such financial statements.

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Basic and diluted earnings per share

Basic and diluted earnings per share are calculated based on the weighted average number of shares outstanding for all periods presented. No stock options, warrants, or convertible securities were outstanding as of July 8, 2016 or July 10, 2015, respectively.

Note 2 - Inventories:

Inventories are comprised of the following at the respective period ends:

	(unaudited)		
	July 8, 		October 30, 2015
Meat, ingredients and supplies	\$ 5	,942 \$	5,268
Work in progress	1	,904	1,125
Finished goods	13	,729	13,584
	\$ 21	,575 \$	19,977

Inventories are valued at the lower of cost (which approximates actual cost on a first-in, first-out basis) or market. Costs related to warehousing, transportation and distribution to customers are considered when computing market value. Inventories include the cost of ingredients, labor and manufacturing overhead. We regularly review inventory quantities on hand and write down any excess or obsolete inventories to estimated net realizable value. An inventory reserve is created when potentially slow-moving or obsolete inventories are identified in order to reflect the appropriate inventory value. Changes in economic conditions, production requirements, and lower than expected customer demand could result in additional obsolete or slow-moving inventory that cannot be sold or may need to be sold at reduced prices and could result in additional reserve provisions.

Note 3 - Commitments and Contingencies:

We invested in OTR (over-the-road) tractors during the third quarter of fiscal 2012 financed by a capital lease obligation in the amount of \$1,848. After reevaluating our fleet delivery needs, we returned six OTR tractors financed by the capital lease arrangement with a remaining liability of \$656 and \$69 during the second quarter of fiscal 2015 and third quarter of fiscal 2016, respectively. The total capital lease obligation remaining for transportation equipment as of July 8, 2016 is \$558. The lease arrangement also contains a variable component of seven cents per mile based on miles driven over the lease life. The capital lease arrangement replaced the long-standing month-to-month leases of transportation equipment.

The Company also leases warehouse and/or office facilities throughout the United States through month-to-month rental agreements. No material changes have been made to these agreements during the first thirty-six weeks of fiscal 2016.

The Company is involved in various claims and legal actions arising in the ordinary course of business. In the opinion of management, the ultimate disposition of these matters is not expected to have a material adverse effect on the Company's consolidated financial position or results of operations.

Most flour purchases are made at market price without contracts. However, the Company may purchase bulk flour at current market prices under short-term (30 - 120 days) fixed price contracts during the normal course of business. Under these arrangements, the Company is obligated to purchase specific quantities at fixed prices, within the specified contract period. These contracts provide for automatic price increases if agreed quantities are not purchased within the specified contract period. The contracts are not material. These contracts are typically settled within a month's time and no significant contracts remain open at the close of the quarterly or annual reporting period. No significant contracts remained unfulfilled at July 8, 2016. The Company does not participate in the commodity futures market or hedging to limit commodity exposure.

Note 4 - Segment Information:

The Company has two reportable operating segments, Frozen Food Products (the processing and distribution of frozen products) and Snack Food Products (the processing and distribution of meat and other convenience foods).

We evaluate each segment's performance based on revenues and operating income. Selling, general and administrative expenses include corporate accounting, information systems, human resource management and marketing, which are managed at the corporate level. These activities are allocated to each operating segment based on revenues and/or actual usage. Assets managed at the corporate level have been included as "other" in the accompanying segment information.

The following segment information is presented for the twelve and thirty-six weeks ended July 8, 2016 and July 10, 2015.

Segment Information										
Twelve weeks Ended		Frozen Food	Snack	Food						
July 8, 2016		Products Products			(Other		Totals		
Sales	\$	9,170	\$	20,722	\$	-	\$	29,892		
Intersegment sales		-		-		-		-		
Net sales	_	9,170		20,722		-		29,892		
Cost of products sold		5,834		11,885		-		17,719		
Gross margin		3,336		8,837		-		12,173		
SG&A		3,207		6,655		-		9,862		
Income before taxes	_	129		2,182				2,311		
Total assets	<u>\$</u>	10,112	\$	36,228	\$	37,788	\$	84,128		
Additions to PP&E	\$	268	\$	1,152	\$	51	\$	1,471		

Twelve weeks Ended		Frozen Food		Snack Food				
July 10, 2015		Products		Products		Other		Totals
Sales	\$	9,869	\$	16,620	\$	-	\$	26,489
Intersegment sales		_		<u>-</u>		_		
Net sales		9,869		16,620		-		26,489
Cost of products sold		6,047		9,822				15,869
Gross margin		3,822		6,798		-		10,620
SG&A		3,237		5,386		<u>-</u>		8,623
Income before taxes		585	_	1,412		-		1,997
	en.	0.741	d)	25.072	Φ	24.572	¢.	(0.277
Total assets	\$	9,741	\$	25,963	\$	24,573	\$	60,277
Additions to PP&E	\$	35	\$	222	\$	(1)	\$	256

Segment Information										
Frozen										
Thirty-six weeks Ended		Food	Snack Food							
July 8, 2016		Products	ducts Products		Other		Totals			
Sales	\$	31,811	\$ 65,38	2 \$	-	\$	97,193			
Intersegment sales		<u>-</u>		-	-		-			
Net sales		31,811	65,38	2	-		97,193			
Cost of products sold		19,927	39,08	3	-		59,010			
Gross margin		11,884	26,29	9	-		38,183			
SG&A		10,145	20,15	5	-		30,300			
Income before taxes		1,739	6,14	4	-		7,883			
Total assets	\$	10,112	\$ 36,22	8 \$	37,788	\$	84,128			
Additions to PP&E	\$	427	\$ 2,01	0 \$	49	\$	2,486			

		Frozen					
Thirty-six weeks Ended		Food	Sna	ck Food			
July 10, 2015		Products	Products		Other		Totals
Sales	\$	34,082	\$	53,814	\$ 	\$	87,896
Intersegment sales		-		-	-		-
Net sales		34,082		53,814	-		87,896
Cost of products sold		20,961		36,421	-		57,382
Gross margin		13,121		17,393	-		30,514
SG&A	_	10,033		15,815			25,848
Income before taxes	<u> </u>	3,088		1,578			4,666
Total assets	\$	9,741	\$	25,963	\$ 24,573	\$	60,277
Additions to PP&E	\$	88	\$	451	\$ 10	\$	549

Note 5 – Income Taxes:

The Company expects its effective tax rate for the 2016 fiscal year to be different from the federal statutory rate due to state taxes. The effective tax rate for the twelve week period ended July 8, 2016 was 21.2% to cover federal and state taxes.

We recorded an income tax provision of \$2,697 for the thirty-six week period ended July 8, 2016, related to federal and state taxes, based on the Company's expected annual effective tax rate. Our provision for the thirty-six week period ended July 10, 2015 was \$142. The effective income tax rate differed from the applicable mixed statutory rate of approximately 37.7% primarily due to domestic production activities deductions under IRC Section 199.

As of July 8, 2016, the Company did not have any outstanding federal or state net operating loss carryforwards.

Our federal income tax returns are open to audit under the statute of limitations for the fiscal years ended on or about October 31, 2012 through 2014. We are subject to income tax in California and various other state taxing jurisdictions. Our California state income tax returns are open to audit under the statute of limitations for the fiscal years ended on or about October 31, 2011 through 2014.

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Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations (dollars in thousands)

NOTE REGARDING FORWARD-LOOKING STATEMENTS

Certain statements under "Management's Discussion and Analysis of Financial Condition and Results of Operations" and elsewhere in this report constitute "forward-looking statements" within the meaning of the Securities Act of 1933, as amended, and the Securities Exchange Act of 1934 (the "Exchange Act"). Such forward-looking statements involve known and unknown risks, uncertainties, and other factors which may cause the actual results, performance or achievements of Bridgford Foods Corporation to be materially different from any future results, performance or achievements expressed or implied by such forward-looking statements. Such factors include, among others, the following: general economic and business conditions; the impact of competitive products and pricing; success of operating initiatives; development and operating costs; advertising and promotional efforts; adverse publicity; acceptance of new product offerings; consumer trial and frequency; changes in business strategy or development plans; availability, terms and deployment of capital; availability of qualified personnel; commodity, labor, and employee benefit costs; changes in, or failure to comply with, government regulations; weather conditions; construction schedules; and other factors referenced in this Quarterly Report on Form 10-Q. Assumptions relating to budgeting, marketing, and other management decisions are subjective in many respects and thus susceptible to interpretations and periodic revisions based on actual experience and business developments, the impact of which may cause us to alter our marketing, capital expenditure or other budgets, which may in turn affect our business, financial position, results of operations and cash flows. The reader is therefore cautioned not to place undue reliance on forward-looking statements contained herein and to consider other risks detailed more fully in our Annual Report on Form 10-K for the fiscal year ended October 30, 2015. We undertake no obligation to publicly release the result of any revis

Critical Accounting Policies and Management Estimates

The preparation of consolidated financial statements in conformity with generally accepted accounting principles in the United States of America requires management to make certain estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported revenues and expenses during the respective reporting periods. Some of the estimates needed to be made by management include the allowance for doubtful accounts, promotional and returns allowances, inventory reserves, the estimated useful lives of property and equipment, and the valuation allowance for the Company's deferred tax assets. Actual results could materially differ from these estimates. We determine the amounts to record based on historical experience and various other assumptions that we view as reasonable under the circumstances and consider all relevant available information. The results of this analysis form the basis for our conclusion as to the value of assets and liabilities that are not readily available from other independent sources. Amounts estimated related to liabilities for self-insured workers' compensation, employee healthcare and pension benefits are especially subject to inherent uncertainties and these estimated liabilities may ultimately settle at amounts which vary from our current estimates.

Current accounting principles require that our pension benefit obligation be measured using an internal rate of return ("IRR") analysis to be included in the discount rate selection process. The IRR calculation for the Retirement Plan for Employees of Bridgford Foods Corporation is measured annually and based on the Citigroup Pension Discount Rate. The Citigroup Pension Discount Rate as of June 30, 2016 was 3.61% as compared to 4.29% at October 31, 2015. The discount rate applied can significantly affect the value of the projected benefit obligation as well as the net periodic benefit cost.

Our credit risk is diversified across a broad range of customers and geographic regions. Losses due to credit risk have recently been immaterial. The provision for doubtful accounts receivable is based on historical trends and current collection risk. We have significant receivables with a few large, well known customers which, although historically secure, could be subject to material risk should these customers' operations suddenly deteriorate. We monitor these customers closely to minimize the risk of loss.

The table on the next page shows customers that accounted for more than 20% of consolidated accounts receivable ("AR") or 10% of consolidated revenues for the thirty-six weeks ended July 8, 2016 and July 10, 2015, respectively.

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Customer Concentration > 20% of AR or 10% of Sales *

	Wal-Mart	
	Sales	AR
July 8, 2016	38.3%	45.6%
July 10, 2015	31.9%	45.5%

* = No other customer accounted for more than 20% of consolidated accounts receivable or 10% of consolidated revenues for the thirty-six weeks ended July 8, 2016 or the thirty-six weeks ended July 10, 2015.

Sales are recognized upon passage of title to the customer, typically upon product pick-up, shipment or delivery to customers. Products are delivered to customers primarily through our own long-haul fleet or through our own direct store delivery system.

We record the cash surrender or contract value for life insurance policies as an adjustment of premiums paid in determining the expense or income to be recognized under the contract for the period.

We provide tax reserves for federal, state, local and international exposures relating to audit results, tax planning initiatives and compliance responsibilities. The development of these reserves requires judgments about tax issues, potential outcomes and timing, and is a subjective estimate. Although the outcome of these tax audits is uncertain, in management's opinion adequate provisions for income taxes have been made for potential liabilities, if any, resulting from these reviews. Actual outcomes may differ materially from these estimates.

We assess the recoverability of our long-lived assets on a quarterly basis or whenever adverse events or changes in circumstances or business climate indicate that expected undiscounted future cash flows related to such long-lived assets may not be sufficient to support the net book value of such assets. If undiscounted cash flows are not sufficient to support the recorded assets, we recognize an impairment to reduce the carrying value of the applicable long-lived assets to their estimated fair value.

We participate in "multiemployer" pension plans administered by labor unions on behalf of their employees. We pay monthly contributions to union trust funds, a portion of which is used to fund pension benefit obligations to plan participants. The contribution amount may change depending upon the ability of participating companies to fund these pension liabilities as well as the actual and expected returns on pension plan assets. Should we withdraw from the union and cease participation in a union plan, federal law could impose a penalty for additional contributions to the plan. The penalty would be recorded as an expense in the consolidated statement of operations. The ultimate amount of the withdrawal liability is dependent upon several factors including the funded status of the plan and contributions made by other participating companies.

In March 2010, the Patient Protection and Affordable Care Act, as amended by the Health Care and Education Reconciliation Act (collectively, the "PPACA"), was signed into law. The PPACA contains provisions which may impact the Company's accounting of other postemployment benefit ("OPEB") obligations in future periods. Regulatory guidance for implementation of some of the provisions of the PPACA has not yet been established. Requirements of the law include the removal of the lifetime limits on active and retiree medical coverage, expanding dependent coverage to age 26 and elimination of pre-existing conditions that may impact OPEB costs. In addition, the PPACA includes an excise tax in 2020 on the value of benefits that exceed a pre-defined limit which may require changes in benefit plan levels in order to minimize this additional cost. Finally, the PPACA includes provisions that require employers to offer health benefits to all full time employees (defined as 30 hours per week). The health coverage must meet minimum standards for the actuarial value of the benefits offered and employee affordability. The current Bridgford plans meet the existing requirements but we have seen the guidance change each year so this will need to be reviewed annually. We will continue to assess the accounting implications of the PPACA and its impact on our financial position and results of operations as more legislative and interpretive guidance becomes available. The potential future effects and cost of complying with the provisions of the PPACA are not determinable at this time.

Overview of Reporting Segments

We operate in two business segments – the processing and distribution of frozen products (the Frozen Food Products segment), and the processing and distribution of snack food products (the Snack Food Products segment). For information regarding the separate financial performance of the business segments refer to Note 4 of the Notes to the Condensed Consolidated Financial Statements included in this Quarterly Report on Form 10-Q. We manufacture and distribute an extensive line of food products, including biscuits, bread dough items, roll dough items, dry sausage products and beef jerky.

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Frozen Food Products Segment

In our Frozen Food Products segment, we manufacture and distribute an extensive line of food products, including biscuits, bread dough items, roll dough items and shelf stable sandwiches. All items within this segment are considered similar products and have been aggregated at this level. Our Frozen Food Products segment serves both food service and retail customers. Products produced in this segment are supplied through leased long-haul vehicles to food service and retail distributors that take title to the product upon shipment receipt. Approximately 160 unique frozen food products are sold through wholesalers, cooperatives and distributors to approximately 21,000 retail outlets and 23,000 restaurants and institutions.

Snack Food Products Segment

In our Snack Food Products segment, we primarily distribute products manufactured by us. All items within this segment are considered similar products and have been aggregated at this level. The dry sausage division includes products such as jerky, meat snacks, sausage and pepperoni products. Our Snack Food Products segment sells approximately 90 different items through a direct store delivery network serving approximately 15,000 supermarkets, mass merchandise and convenience retail stores located in 49 states. These customers are comprised of large retail chains and smaller "independent" operators.

Products produced or distributed by the Snack Food Products segment are supplied to customers through either direct-store-delivery or direct delivery to customer warehouses. Product delivered using the company-owned fleet direct to the store is considered a direct-store-delivery. In this case, we provide the service of setting up and maintaining the display and stocking our products. Products delivered to customer warehouses are distributed to the retail store and stocked by the customer where it is then resold to the end consumer.

Results of Operations for the Twelve Weeks ended July 8, 2016 and July 10, 2015.

Net Sales-Consolidated

Net sales increased by \$3,403 (12.8%) to \$29,892 in the third twelve week period of the 2016 fiscal year compared to the same twelve week period last year. The changes in net sales were comprised as follows:

Impact on Net Sales-Consolidated	%	\$
Selling price per pound	-1.6	(462)
Unit sales volume in pounds	11.2	3,294
Returns activity	0.2	(10)
Promotional activity	3.0	581
Increase in net sales	12.8	3,403

Net Sales-Frozen Food Products Segment

Net sales in the Frozen Food Products segment decreased by \$699 (7.1%) to \$9,170 in the third twelve week period of the 2016 fiscal year compared to the same twelve week period last year. The changes in net sales were comprised as follows:

Impact on Net Sales-Frozen Food Products	%	\$
Selling price per pound	0.1	13
Unit sales volume in pounds	-6.4	(700)
Returns activity	-0.3	(28)
Promotional activity	-0.5	16
Decrease in net sales	-7.1	(699)

Unit sales volume in pounds declined 6.4% compared to the prior year. Selling prices were consistent compared to the prior year. Returns activity increased slightly and promotional activity was consistent with the prior year.

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Net Sales-Snack Food Products Segment

Net sales in the Snack Food Products segment, increased by \$4,102 (24.7%) to \$20,722 in the third twelve week period of the 2016 fiscal year compared to the same twelve week period last year. The changes in net sales were comprised as follows:

Impact on Net Sales-Snack Food Products	%	\$
Selling price per pound	-2.6	(475)
Unit sales volume in pounds	21.7	3,994
Returns activity	0.8	18
Promotional activity	4.8	565
Increase in net sales	24.7	4,102

The weighted average selling price per pound decreased over the same twelve week period in the prior year primarily as a result of higher sales in the warehouse distribution channel. Volume increased significantly in the beef products category while the volume of pork based products was slightly higher compared to the prior twelve week period. Returns activity and promotional offers were lower than the same twelve week period in the 2015 fiscal year.

Cost of Products Sold and Gross Margin-Consolidated

Cost of products sold increased by \$1,850 (11.7%) to \$17,719 in the third twelve week period of the 2016 fiscal year compared to the same twelve week period in fiscal year 2015. The increase in cost of products sold primarily relates to increased sales which was partially offset by lower costs for meat ingredients. Overhead spending increased due to higher workers' compensation costs and hourly wages and bonus. The Company's workers' compensation cost increased due to a change in accounting estimate that took place in the comparative quarter. The gross margin increased from 40.1% to 40.7%.

			Commodity \$
Change in Cost of Products Sold by Segment	\$	%	(Decrease)
Frozen Food Products Segment	(213)	-1.3	(113)
Snack Food Products Segment	2,063	13.0	(1,199)
Total	1,850	11.7	(1,312)

Cost of Products Sold-Frozen Food Products Segment

Cost of products sold in the Frozen Food Products segment decreased by \$213 (3.5%) to \$5,834 in the third twelve week period of the 2016 fiscal year compared to the same twelve week period in fiscal year 2015. Lower sales volume and to a lesser extent lower flour commodity costs were the primary contributing factors to this decrease. Overhead spending increased due to higher workers' compensation costs which partially offset the decline in cost of products sold. The cost of purchased flour decreased approximately \$113 in the third twelve week period of fiscal 2016 compared to the same twelve week period in the prior year.

Cost of Products Sold-Snack Food Products Segment

Cost of products sold in the Snack Food Products segment increased by \$2,063 (21.0%) to \$11,885 in the third twelve week period of the 2016 fiscal year compared to the same twelve week period in fiscal year 2015 due to a substantial increase in sales volume including higher margin product mix. The increase in cost of goods sold was partially offset by lower meat commodity costs. Overhead spending increased due to higher workers' compensation costs and hourly wages and bonuses. The cost of significant meat commodities decreased approximately \$1,199 in the third twelve week period of fiscal 2016 compared to the same period in the prior year.

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Selling, General and Administrative Expenses-Consolidated

Selling, general and administrative ("SG&A") expenses increased by \$1,239 (14.4%) to \$9,862 in the third twelve week period of fiscal year 2016 compared to the same twelve week period in the prior fiscal year. The table below summarizes the significant expense/gain increases/decreases included in this category:

	12 Weeks Ended				
				_	Expense
		July 8,		July 10,	Increase
		2016		2015	(Decrease)
Wages and bonuses	\$	3,939	\$	3,693	\$ 246
Pension cost		354		116	238
Workers' compensation		50		(153)	203
Outside consultants		407		232	175
Product advertising		1,407		1,241	166
Other SG&A		3,705		3,494	211
Total - SG&A	\$	9,862	\$	8,623	\$ 1,239

Higher profits and profit sharing accruals resulted in increased wages and bonus in the third twelve weeks of the 2016 fiscal year compared to the same period in the prior year. The increase in pension cost was due to a revision to the expected return on plan assets coupled with an adverse change in mortality tables. Workers' compensation costs increased due to a change in accounting estimate that occurred in the comparison quarter and did not reoccur in the current quarter. Outside consulting costs increased due to higher real estate advisory services and other related legal fees. Costs for product advertising increased mainly as a result of higher payments under brand licensing agreements in the Snack Food Products segment during the third quarter of fiscal 2016. None of the changes individually or as a group of expenses in "Other SG&A" were significant enough to merit separate disclosure. The major components comprising the increase of "Other SG&A" expenses was increased travel and expense partially offset by an increase in the gain on the cash surrender value of life insurance policies.

Selling, General and Administrative Expenses-Frozen Food Products Segment

SG&A expenses in the Frozen Food Products segment decreased by \$30 (0.9%) to \$3,207 in the third twelve week period of fiscal year 2016 compared to the same twelve week period in the prior fiscal year. The overall decrease in SG&A expenses was due to lower profit sharing and temporary labor consistent with the reduction in sales volume.

Selling, General and Administrative Expenses-Snack Food Products Segment

SG&A expenses in the Snack Food Products segment increased by \$1,269 (23.6%) to \$6,655 in the third twelve week period of fiscal year 2016 compared to the same twelve week period in the prior fiscal year. Most of the increase was due to higher sales, increased payments under product licensing agreements and higher travel and expense costs.

Income Taxes-Consolidated

Income tax for the twelve weeks ended July 8, 2016 and July 10, 2015, respectively, was as follows:

	July 8,	July 10,
	2016	2015
Income tax provision	\$ 489	\$ 142
Effective tax rate	21.2%	7.1%

We recorded a tax provision of \$489 for the twelve week period ended July 8, 2016, related to federal and state taxes, based on the Company's expected annual effective tax rate. The effective income tax rate differed from the applicable mixed statutory rate of approximately 37.7% primarily due to primarily due to domestic production activities deductions under IRC Section 199.

Net Income -Consolidated

The net income of \$1,822 in the twelve weeks ended July 8, 2016 includes a non-taxable gain on life insurance policies in the amount of \$134. The net income of \$1,855 in the twelve weeks ended July 10, 2015 includes a non-taxable gain on life insurance policies in the amount of \$29. Gains and losses on life insurance policies are dependent upon the performance of the underlying equities that support policy values and future results may vary considerably.

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Results of Operations for the Thirty-six Weeks ended July 8, 2016 and July 10, 2015.

Net Sales-Consolidated

Net sales increased by \$9,297 (10.6%) to \$97,193 in the thirty-six week period of the 2016 fiscal year compared to the same thirty-six week period last year. The changes in net sales were comprised as follows:

Impact on Net Sales-Consolidated	%	\$
Selling price per pound	1.9	1,835
Unit sales volume in pounds	7.0	6,750
Returns activity	0.7	394
Promotional activity	1.0	318
Increase in net sales	10.6	9,297

Net Sales-Frozen Food Products Segment

Net sales in the Frozen Food Products segment decreased by \$2,271 (6.7%) to \$31,811 in the thirty-six week period of the 2016 fiscal year compared to the same thirty-six week period last year. The changes in net sales were comprised as follows:

Impact on Net Sales-Frozen Food Products	%	\$
Selling price per pound	0.6	215
Unit sales volume in pounds	-5.5	(2,068)
Returns activity	=	8
Promotional activity	-1.8	(426)
Decrease in net sales	-6.7	(2,271)

Sales volume declined about 5.5% compared to the prior year. Selling prices remained relatively unchanged compared to the prior year. Returns activity decreased slightly. Promotional activity was higher due to increased bid price and menu allowances offered compared to the same thirty-six week period in the 2015 fiscal year.

Net Sales-Snack Food Products Segment

Net sales in the Snack Food Products segment, increased by \$11,568 (21.5%) to \$65,382 in the thirty-six week period of the 2016 fiscal year compared to the same thirty-six week period last year. The changes in net sales were comprised as follows:

Impact on Net Sales-Snack Food Products	%	\$
Selling price per pound	2.8	1,620
Unit sales volume in pounds	15.1	8,818
Returns activity	1.3	386
Promotional activity	2.3	744
Increase in net sales	21.5	11,568

The weighted average selling price per pound increased over the same thirty-six week period in the prior year primarily as a result of a shift in sales mix to higher value beef products. Volume in the beef products category increased significantly. Volume related to pork based products was lower and selling prices increased slightly compared to the prior thirty-six week period. Promotional and returns activity were both lower than the prior year due to more limited promotional offers on warehouse shipments compared to the same thirty-six week period in the 2015 fiscal year.

Cost of Products Sold and Gross Margin-Consolidated

Cost of products sold increased by \$1,628 (2.8%) to \$59,010 in the thirty-six week period of the 2016 fiscal year compared to the same thirty-six week period in fiscal year 2015. The increase in cost of products sold primarily relates to higher sales volume partially offset by lower costs for meat ingredients. Overhead spending increased due to higher wages and bonus, increased repairs and maintenance as well as higher pension and workers' compensation costs. The Company's pension cost increased due to a revision to the expected return on plan assets coupled with an adverse change in mortality tables. The gross margin increased from 34.7% to 39.3%.

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			Commodity \$
Change in Cost of Products Sold by Segment	\$	%	(Decrease)
Frozen Food Products Segment	(1,034)	-1.8	(452)
Snack Food Products Segment	2,662	4.6	(4,330)
Total	1,628	2.8	(4,782)

Cost of Products Sold-Frozen Food Products Segment

Cost of products sold in the Frozen Food Products segment decreased by \$1,034 (4.9%) to \$19,927 in the thirty-six week period of the 2016 fiscal year compared to the same thirty-six week period in fiscal year 2015. Lower sales volume and to a lesser extent lower flour commodity costs were the primary contributing factors to this decrease. Overhead spending increased due to higher pension cost. The cost of purchased flour decreased approximately \$452 in the thirty-six week period of fiscal 2016 compared to the same thirty-six week period in the prior year.

Cost of Products Sold-Snack Food Products Segment

Cost of products sold in the Snack Food Products segment increased by \$2,662 (7.3%) to \$39,083 in the thirty-six week period of the 2016 fiscal year compared to the same thirty-six week period in fiscal year 2015 due primarily to higher sales volume for warehouse shipments which was partially offset by lower meat commodity costs. Overhead spending increased due to higher hourly wages and bonus and workers' compensation costs partially offset by a reduction in healthcare. The cost of significant meat commodities decreased approximately \$4,330 in the first thirty-six week period of fiscal 2016 compared to the same period in the prior year.

Selling, General and Administrative Expenses-Consolidated

Selling, general and administrative ("SG&A") expenses increased by \$4,452 (17.2%) to \$30,300 in the thirty-six week period of fiscal year 2016 compared to the same thirty-six week period in the prior fiscal year. The table below summarizes the significant expense/gain (loss) increases/decreases included in this category:

	36 Weeks Ended				
					Expense
		July 8,		July 10,	Increase
		2016		2015	(Decrease)
Wages and bonus	\$	12,440	\$	10,656	\$ 1,784
Pension cost		1,056		348	708
Product advertising		3,256		2,640	616
Outside consultants		1,294		699	595
Fuel		816		1,043	(227)
Other SG&A		11,438		10,462	976
Total - SG&A	\$	30,300	\$	25,848	\$ 4,452

Higher profits and profit sharing accruals resulted in increased wages and bonus in the thirty-six weeks of the 2016 fiscal year compared to the same period in the prior year. The increase in pension cost was due to a revision to the expected return on plan assets coupled with an adverse change in mortality tables. Costs for product advertising increased mainly as a result of higher payments under brand licensing agreements in the Snack Food Products segment during the first thirty-six weeks of fiscal 2016. Outside consulting costs increased due to higher real estate advisory services and other related legal fees. The decrease in fuel expense was driven by per gallon fuel price decreases compared to the prior year as a result of lower trends in petroleum markets. None of the changes individually or as a group of expenses in "Other SG&A" were significant enough to merit separate disclosure. The major components comprising the increase of "Other SG&A" expenses were higher display rack, workers' compensation and travel and business expenses.

Selling, General and Administrative Expenses-Frozen Food Products Segment

SG&A expenses in the Frozen Food Products segment increased by \$112 (1.1%) to \$10,145 in the thirty-six week period of fiscal year 2016 compared to the same thirty-six week period in the prior fiscal year. The overall increase in SG&A expenses was mainly due to higher pension cost.

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Selling, General and Administrative Expenses-Snack Food Products Segment

SG&A expenses in the Snack Food Products segment increased by \$4,340 (27.4%) to \$20,155 in the thirty-six week period of fiscal year 2016 compared to the same thirty-six week period in the prior fiscal year. Most of the increase was due to higher sales and increased payments under product licensing agreements.

Income Taxes-Consolidated

Income tax for the thirty-six weeks ended July 8, 2016 and July 10, 2015, respectively, was as follows:

	July 8, 2016	July 10, 2015
Income tax provision	<u>\$</u>	2,697 \$ 142
Effective tax rate		34.2% 3.0%

We recorded a tax provision of \$2,697 for the thirty-six week period ended July 8, 2016, related to federal and state taxes, based on the Company's expected annual effective tax rate. Our provision for the thirty-six week period ended July 10, 2015 was \$142. The effective income tax rate of 34.2% differed from the applicable mixed statutory rate of approximately 37.7% primarily due to domestic production activities deductions under IRC Section 199.

Net Income - Consolidated

The net income of \$5,186 in the thirty-six weeks ended July 8, 2016 includes a non-taxable gain on life insurance policies in the amount of \$50. The net income of \$4,524 in the thirty-six weeks ended July 10, 2015 includes a non-taxable gain on life insurance policies in the amount of \$165. Gains and losses on life insurance policies are dependent upon the performance of the underlying equities that support policy values and future results may vary considerably.

Liquidity and Capital Resources

The principal source of our operating cash flow is cash receipts from the sale of our products, net of costs to manufacture, store, market and deliver our products. We have remained free of interest bearing debt (excluding capital leases) for twenty-seven of the last twenty-eight years (with fiscal 2014 being the only exception) and normally fund our operations from cash balances and cash flow generated from operations. Historically, we expect positive operating cash flows in the first quarter of our fiscal year from the liquidation of inventory and accounts receivable balances related to holiday season sales. Anticipated commodity price trends may affect future cash balances. Certain commodities may be purchased in advance of our immediate needs to lower the ultimate cost of processing.

Cash flows from operating activities for the thirty-six weeks ended:

	ıly 8, 016	July 10, 2015
Net income	\$ 5,186 \$	4,524
Income or charges not affecting cash and cash equivalents:		
Depreciation	2,040	2,095
(Recovery on) provision for losses on accounts receivable	(128)	20
(Reduction in) provision for promotional allowances	(367)	85
Gain on sale of property, plant and equipment	3	(122)
Changes in operating assets and liabilities:		
Changes in operating working capital	2,318	3,895
Net cash provided by operating activities	\$ 9,052 \$	10,497

For the thirty-six weeks ended July 8, 2016, net cash provided by operating activities was \$9,052, \$1,445 less cash provided than during the same period in fiscal 2015. Net cash provided by operating activities decreased primarily due to an increase in inventory of \$1,598 partially offset by higher net income of \$5,186, higher non-current liabilities for incentive compensation and higher income taxes payable. The significant increase in inventory is related to production of products to satisfy large warehouse customer orders. During the thirty-six week period ended July 8, 2016 we funded \$601 towards our defined benefit pension plan. Plan funding strategies may be adjusted depending upon economic conditions, investment options, tax deductibility, or recent legislative changes in funding requirements. The Company did not borrow on the line of credit with Wells Fargo during the thirty-six weeks ended July 8, 2016.

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Our cash conversion cycle (defined as days of inventory and trade receivables less days of trade payables outstanding) was equal to 62 days for the thirty-six week period ended July 8, 2016. The cash conversion cycle increased due to extended terms with significant customers.

For the thirty-six weeks ended July 10, 2015, operating cash flows increased due primarily to a net income of \$4,524 and the liquidation of inventory of \$4,969. During the thirty-six week period ended July 10, 2015 we funded \$556 towards our defined benefit pension plan.

Cash used in investing activities for the thirty-six weeks ended:

	July 8,		July 10,	
		2016		2015
Proceeds from sale of property, plant and equipment	\$	15	\$	47
Additions to property, plant and equipment		(2,486)		(549)
Net cash used in investing activities	\$	(2,471)	\$	(502)

Expenditures for property, plant and equipment include the acquisition of new equipment, upgrading of facilities to maintain operating efficiency and investments in cost effective technologies to lower costs. In general, we capitalize the cost of additions and improvements and expense the cost for repairs and maintenance. The Company may also capitalize costs related to improvements that extend the life, increase the capacity, or improve the efficiency of existing machinery and equipment. Specifically, capitalization of upgrades of facilities to maintain operating efficiency include acquisitions of machinery and equipment used on packaging lines and refrigeration equipment used to process food products.

The table below highlights additions to property, plant and equipment for the thirty-six weeks ended:

	July 8, 2016	July 10, 2015
Changes in projects in process	\$ 644	\$ 110
Building improvements	254	18
Computer software and hardware	4	6
Direct store delivery vehicles	911	345
Packaging lines	270	11
Processing equipment	364	24
Forklifts	39	
Communication system	-	13
Salesman's vehicles	-	22
Additions to property, plant and equipment	\$ 2,486	\$ 549

Cash used in financing activities for the thirty-six weeks ended:

	July 8, 2016	July 10, 2015
Shares repurchased	\$ (40)	\$ (204)
Payment of capital lease obligations	(97)	(127)
Cash dividends paid	-	-
Net cash used in financing activities	\$ (137)	\$ (331)

Our stock repurchase program was approved by the Board of Directors in November 1999 and was expanded in June 2005. Under the stock repurchase program, we are authorized, at the discretion of management and the Board of Directors, to purchase up to an aggregate of 2,000,000 shares of our common stock on the open market. As of July 8, 2016, 120,113 shares were still authorized for repurchase under the program.

We invested in OTR (over-the-road) tractors during the third quarter of fiscal 2012 financed by a capital lease obligation in the amount of \$1,848. After reevaluating our fleet delivery needs, we returned six OTR tractors financed by the capital lease arrangement with a remaining liability of \$656 and \$69 during the second quarter of fiscal 2015 and third quarter of fiscal 2016, respectively. The total capital lease obligation remaining as of July 8, 2016 is \$558. The capital lease arrangement replaced the long-standing month-to-month leases of transportation equipment.

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We maintain a line of credit with Wells Fargo Bank, N.A. that expires on March 1, 2018. Under the terms of this line of credit, we may borrow up to \$4,000 at an interest rate equal to the bank's prime rate or Libor plus 1.5%. The borrowing agreement contains various covenants, the more significant of which require us to maintain a minimum tangible net worth, a minimum quick ratio, a minimum net income after tax and total capital expenditures less than \$3,000. The Company was in compliance with all covenants as of July 8, 2016. There have been no borrowings under this line of credit during fiscal 2016.

The impact of inflation on the Company's financial position and results of operations has not been significant. Management is of the opinion that the Company's financial position and its capital resources are sufficient to provide for its operating needs and capital expenditures for the remainder of fiscal 2016.

Recent Accounting Pronouncements

In May 2014, the FASB issued ASU 2014-09 "Revenue from Contracts with Customers" to supersede previous revenue recognition guidance under current U.S. GAAP. The guidance presents steps for comprehensive revenue recognition that requires an entity to recognize revenue to depict the transfer of promised goods or services to customers in an amount that reflects the consideration to which the entity expects to be entitled in exchange for those goods or services. The guidance becomes effective for annual reporting periods beginning after December 15, 2017, including interim periods within that reporting period. The Company is currently evaluating this statement and its impact on its results of operations or financial position.

In July 2015, the FASB issued ASU 2015-11 "Simplifying the Measurement of Inventory". The guidance is part of the "Simplification Initiative" to identify and reevaluate areas where the generally accepted accounting principles may be complex and cumbersome to apply. The guidance will require that inventory be stated at the lower of cost and net realizable value as opposed to the lower of cost or market. Net realizable value is the estimated selling price for the inventory less completion, disposal and transportation costs. The guidance becomes effective for fiscal years beginning after December 15, 2016. Adoption of this guidance is not expected to have a material impact on the Company's results of operations or financial position.

In November 2015, the FASB issued ASU 2015-17, "Balance Sheet Classification of Deferred Taxes". The guidance requires that all deferred tax assets and liabilities, along with any related valuation allowance, be classified as noncurrent on the balance sheet. The guidance becomes effective for annual reporting periods beginning after December 6, 2016 with early adoption permitted. The Company applied this guidance to its fiscal year ended October 30, 2015. Adoption of this guidance had no material impact on the results of operations or financial position.

In January 2016, the FASB issued ASU 2016-01, "Recognition and Measurement of Financial Assets and Financial Liabilities" that requires most equity investments to be measured at fair value and subsequent changes in fair value to be recognized in net income. The guidance covers presentation and disclosure requirements of financial liabilities and the classification and measurement of financial instruments. The guidance is effective for annual reporting periods and interim periods within those annual reporting periods beginning after December 15, 2017, our fiscal 2019. The Company is currently evaluating this statement and its impact on its results of operations or financial position.

In February 2016, the FASB issued ASU 2016-02, "Leases", which will require a lessee to recognize assets and liabilities with lease terms of more than 12 months. Both capital and operating leases will need to be recognized on the balance sheet. The guidance is effective for annual reporting periods beginning after December 15, 2019 and interim periods within fiscal years beginning after December 15, 2020. The Company is currently evaluating this statement and its impact on its results of operations or financial position.

In March 2016, the FASB issued ASU 2016-09 "Compensation-Stock Compensation" guidance which simplifies various aspects of the accounting for employee share-based payment transactions, including the accounting for income tax consequences, forfeitures, and statutory tax withholding requirements, as well as classification of related amounts within the statement of cash flows. The guidance is effective for annual and interim reporting periods beginning after December 15, 2016 with early adoption permitted. Adoption of this guidance should have minimal impact if any on results of Company operations or financial position.

In June, 2016 the FASB issued ASU 2016-13 "Financial Instruments – Credit Losses", which requires a financial asset to be presented at the net carrying value which is the amount expected to be collected net of expected credit losses. The guidance is effective for annual and interim reporting periods beginning after December 15, 2019 with early adoption permitted. The Company is currently evaluating this statement and its impact on its results of operations or financial position.

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Off-Balance Sheet Arrangements

We are not engaged in any "off-balance sheet arrangements" within the meaning of Item 303(a)(4)(ii) of Regulation S-K.

Item 3. Quantitative and Qualitative Disclosures about Market Risk

Not applicable to smaller reporting company.

Item 4. Controls and Procedures

Our management, with the participation and under the supervision of our principal executive officer and principal financial officer, has evaluated the effectiveness of our disclosure controls and procedures (as defined in Exchange Act Rule 13a-15(e) and 15d-15(e)) as of the end of the period covered by this Report. Based on this evaluation the principal executive officer and principal financial officer have concluded that our disclosure controls and procedures are effective as of the end of the period covered by this Report in their design and operation to provide reasonable assurance that information required to be disclosed by us in the reports that we file or submit under the Exchange Act is accumulated and communicated to management and recorded, processed, summarized and reported within the time periods specified by the Securities and Exchange Commission's rules and forms and were accumulated and communicated to our management, including our principal executive officer and principal financial officer, as appropriate to allow timely decisions regarding required disclosures.

Our management, including our principal executive officer and principal financial officer, does not expect that our disclosure controls and internal controls will prevent all error and all fraud. A control system, no matter how well conceived and operated, can provide only reasonable, not absolute, assurance that the objectives of the control system are met. Further, the design of a control system must reflect the fact that there are resource constraints, and the benefits of controls must be considered relative to their costs. Because of inherent limitations in all control systems, no evaluation of controls can provide absolute assurance that all control issues and instances of fraud, if any, within the Company have been detected. These inherent limitations include the realities that judgments in decision-making can be faulty, and that breakdowns can occur because of a simple error or mistake. Additionally, controls can be circumvented by the individual acts of some persons, by collusion of two or more people, or by management override of the control.

The design of any system of controls is also based in part upon certain assumptions about the likelihood of future events, and there can be no assurance that any design will succeed in achieving our stated goals under all potential future conditions; over time, a control may become inadequate because of changes in conditions, or the degree of compliance with the policies or procedures may deteriorate. Because of inherent limitations in a cost-effective control system, misstatements due to error or fraud may occur and not be detected.

We maintain and evaluate a system of internal accounting controls, and a program of internal auditing designed to provide reasonable assurance that our assets are protected and that transactions are performed in accordance with proper authorization, and are properly recorded. This system of internal accounting controls is continually reviewed and modified in response to evolving business conditions and operations and to recommendations made by the independent registered public accounting firm. On May 14, 2013, the Committee of Sponsoring Organizations of the Treadway Commission (COSO) published Internal Control-Integrated Framework (2013) (the "2013 Framework") and related illustrative documents as an update to Internal Control-Integrated Framework (1992) (the "1992 Framework"). The Company has adopted the 2013 Framework this fiscal year and has determined that the 17 principles are present and functioning during our assessment of the effectiveness of internal controls. We have established a code of conduct. Our management believes that the accounting and internal control systems provide reasonable assurance that assets are safeguarded and financial information is reliable.

The Audit Committee of the Board of Directors meets regularly with our financial management and counsel, and with the independent registered public accounting firm engaged by us. Internal accounting controls and the quality of financial reporting are discussed during these meetings. The Audit Committee has discussed with the independent registered public accounting firm matters required to be discussed by the auditing standards adopted or established by the Public Company Accounting Oversight Board. In addition, the Audit Committee and the independent registered public accounting firm have discussed the independent registered public accounting firm's independence from the Company and its management, including the matters in the written disclosures required by Public Company Accounting Oversight Board Rule 3526 "Communicating with Audit Committees Concerning Independence".

There have been no changes in our internal controls over financial reporting that occurred during the fiscal quarter ended July 8, 2016 that have materially affected, or are reasonably likely to materially affect, our internal controls over financial reporting.

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Part II. Other Information

Item 1A. Risk Factors

The risk factors listed in Part I "Item 1A. Risk Factors" in the Annual Report on Form 10-K for the fiscal year ended October 30, 2015 should be considered with the information provided elsewhere in this Quarterly Report on Form 10-Q, which could materially adversely affect our business, financial condition or results of operations. There have been no material changes to the risk factors as previously disclosed in such Annual Report on Form 10-K.

Item 2. Unregistered Sales of Equity Securities and Use of Proceeds

We have not sold any equity securities during the period covered by this Report.

The following table provides information regarding repurchases by us of our common stock, for each of the three four-week periods included in the interim thirty-six week period ended July 8, 2016.

ISSUER PURCHASES OF EQUITY SECURITIES

Period (1)	Total Number of Shares Purchased	Average Price Paid Per Share	Total Number of Shares Purchased as Part of Publicly Announced Plans or Programs (2)	Maximum Number of Shares that May Yet Be Purchased Under the Plans or Programs (2)
April 16, 2016 - May 13, 2016	- Turenuseu	\$ -	- (2)	120,113
May 14, 2016 - June 10, 2016	-	-	-	120,113
June 11, 2016 - July 8, 2016				120,113
Total		\$ -		

- (1) The periods shown are the fiscal periods during the twelve-week quarter ended July 8, 2016.
- (2) All repurchases reflected in the foregoing table were made on the open market. Our stock repurchase program was approved by the Board of Directors in November 1999 (1,500,000 shares authorized, disclosed in a Form 10-K filed on January 26, 2000) and was expanded in June 2005 (500,000 additional shares authorized, disclosed in a press release and Form 8-K filed on June 17, 2005). Under the stock repurchase program, we are authorized, at the discretion of management and the Board of Directors, to purchase up to an aggregate of 2,000,000 shares of our common stock on the open market. Our Stock Purchase Plan ("Purchase Plan") is administered by Citigroup Global Markets Inc. ("CGM") for purchase of shares of common stock ("Stock") issued by us in compliance with the requirements of Rule 10b5-1 under the Securities Exchange Act of 1934 ("Exchange Act"). Commencing on October 14, 2015 and continuing through and including October 15, 2016, CGM shall act as our exclusive agent to purchase Stock under the Purchase Plan. This Purchase Plan supplements any purchases of stock by us "outside" of the Purchase Plan, which may occur from time to time, in open market transactions pursuant to Rule 10b-18 of the Exchange Act. The daily purchase quantity is defined as a number of shares up to, but not to exceed, each day's applicable Rule 10b-18 maximum volume limit (i.e. 25% of the prior four calendar weeks' average daily trading volume); however, once per week a block of stock may be purchased that exceeds the Rule 10b-18 average daily trading volume condition, provided that no other Purchase Plan purchases are made on any day on which such a block is purchased. As of July 8, 2016, the total maximum number of shares that may be purchased under the Purchase Plan is 120,113 at a purchase price not to exceed \$10.00 per share at a total maximum aggregate price (exclusive of commission) of \$1,201,130.

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Item 6.

Exhibits

Exhibit No.	Description
31.1	Certification of Chairman of the Board (Principal Executive Officer), as required by Section 302 of the Sarbanes-Oxley Act of 2002.
31.2	Certification of Chief Financial Officer (Principal Financial and Accounting Officer), as required by Section 302 of the Sarbanes-Oxley Act of 2002.
32.1	Certification of Chairman of the Board (Principal Executive Officer), as required by Section 906 of the Sarbanes-Oxley Act of 2002.
32.2	Certification of Chief Financial Officer (Principal Financial and Accounting Officer), as required by Section 906 of the Sarbanes-Oxley Act of 2002.
101.INS	XBRL Instance Document.
101.SCH	XBRL Taxonomy Extension Schema Document.
101.CAL	XBRL Taxonomy Extension Calculation Linkbase Document.
101.DEF	XBRL Taxonomy Extension Definition Linkbase Document.
101.LAB	XBRL Taxonomy Extension Label Linkbase Document.
101.PRE	XBRL Taxonomy Extension Presentation Linkbase Document.
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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Dated: August 19, 2016

BRIDGFORD FOODS CORPORATION (Registrant)

By: /s/ Raymond F. Lancy

Raymond F. Lancy Chief Financial Officer (Duly Authorized Officer, Principal Financial and Accounting Officer)

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Form Type: 10-Q
Project: brid20160622 10g

Document Type: EX-31.1 Description: EXHIBIT 31.1 Sequence: 1
Created By: RDG Filings
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Exhibit 31.1

SECTION 302 CERTIFICATION

I, William L. Bridgford, certify that:

- 1. I have reviewed this quarterly report on Form 10-Q of Bridgford Foods Corporation;
- 2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- Based on my knowledge, the financial statements, and other financial information included in this quarterly report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - a. Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - b. Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - c. Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - d. Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
- 5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - a. All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - b. Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Dated: August 19, 2016 /s/ William L. Bridgford

William L. Bridgford, Chairman of the Board (Principal Executive Officer)

Filer: Bridgford Foods Corporation Form Type: 10-Q Project: brid20160622 10g Document Type: EX-31.2 Description: EXHIBIT 31.2 Sequence: 1
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Created At: 8/18/2016 12:53:03 PM MDT

Exhibit 31.2

SECTION 302 CERTIFICATION

I, Raymond F. Lancy, certify that:

- 1. I have reviewed this quarterly report on Form 10-Q of Bridgford Foods Corporation;
- 2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3. Based on my knowledge, the financial statements, and other financial information included in this quarterly report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - a. Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - b. Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - c. Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - d. Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
- 5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - a. All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - b. Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Dated: August 19, 2016

/s/ Raymond F. Lancy

Raymond F. Lancy, Chief Financial Officer, Executive Vice President, Treasurer and Assistant Secretary (Principal Financial and Accounting Officer) Filer: Bridgford Foods Corporation

Document Type: EX-32.1

Form Type: 10-Q

Description: EXHIBIT 32.1

Description: EXHIBIT 32.1

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Exhibit 32.1

Certification Pursuant to 18 U.S.C. Section 1350, As Adopted Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002

I, William L. Bridgford, Chairman of the Board of Bridgford Foods Corporation (the "Company"), certify, pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, 18 U.S.C. Section 1350, that:

- 1. the Quarterly Report on Form 10-Q of the Company for the quarterly period ended July 8, 2016 (the "Report") fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934 (15 U.S.C. 78m or 780(d)); and
- 2. The information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

Dated: August 19, 2016 /s/ William L. Bridgford

William L. Bridgford, Chairman of the Board (Principal Executive Officer)

This certification accompanies the Quarterly Report on Form 10-Q pursuant to Section 13(a) and 15(d) of the Securities Exchange Act of 1934 and 18 U.S.C. Section 1350 and shall not be deemed filed by the Company for purposes of Section 18 of the Securities Exchange Act of 1934.

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Form Type: 10-Q Description: EXHIBIT 32.2
Project: brid20160622_10q

Sequence: 1
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Exhibit 32.2

Certification Pursuant to 18 U.S.C. Section 1350, As Adopted Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002

I, Raymond F. Lancy, Chief Financial Officer, Executive Vice President, Treasurer and Assistant Secretary of Bridgford Foods Corporation (the "Company"), certify, pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, 18 U.S.C. Section 1350, that:

- 1. the Quarterly Report on Form 10-Q of the Company for the quarterly period ended July 8, 2016 (the "Report") fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934 (15 U.S.C. 78m or 780(d)); and
- 2. the information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

Dated: August 19, 2016

/s/ Raymond F. Lancy

Raymond F. Lancy, Chief Financial Officer, Executive Vice President, Treasurer and Assistant Secretary (Principal Financial and Accounting Officer)

This certification accompanies the Quarterly Report on Form 10-Q pursuant to Section 13(a) and 15(d) of the Securities Exchange Act of 1934 and 18 U.S.C. Section 1350 and shall not be deemed filed by the Company for purposes of Section 18 of the Securities Exchange Act of 1934.