

**New!**  
for Healthcare  
and Schools

**Bridgford**  
The Fresh-Baked Idea Company®

# Better for You!

Bridgford's "Better For You" line of *Biscuit and Dough products* are produced following the "K-12" schools nutritional requirements as described in "The Healthier US School Challenge" (HUSSC).

All products have: Minimum of 51% Whole Wheat - Whole Grain,  
Less than 10% of calories from Saturated Fat,  
Less than 35% of calories from fat, Less than 480 mg sodium,  
Less than 35% weight from sugar, 0g Trans fat.



# Insist on the brand that has served America's foodservice establishments since 1932!

Bridgford is your source for high-quality, great tasting products – including: Honey Wheat Breadstick Dough, Honey Wheat Cinnamon Roll Dough, Honey Wheat Biscuits, and Cracked Wheat Roll Dough. Best of all, every one of these great tasting products are 0g Trans Fat! All wheat products are made with at least 51% whole grain flour. Bridgford's high quality ingredients ensure the nutritional benefits you require, with all the great taste you demand.

NUTRITIONAL ANALYSIS CHART																					
Code	EAN/UPC-14 1-00-47500	Shelf Life (months)	Unit Size (oz.)	Serving Size (oz.)	Child Bread Serving	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (I.U.)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Folic Acid (mcg)	
<b>ROLL DOUGHS – PROOF &amp; BAKE</b>																					
Honey Wheat Ranch Yeast Rolls Dough, Tray Pk.	6152	00260-5	6	1.5	1.5	1.5	120	1.5	0	0	200	23	2	3	4	0	0	11	1	39	
Honey Wheat Yeast Bakery Rolls Dough, Layer Pk.	6731	01079-9	6	1	2*	2	140	2	0	0	240	27	3	4	5	0	0	27	1	47	
Honey Wheat Yeast Bakery Rolls Dough, Layer Pk.	6735	00323-7	6	2	2	2	140	2	0.5	0	240	27	3	4	5	0	0	27	1	47	
White Whole Wheat Honey Rolls Dough, Layer Pk.	6737	01251-2	6	2	2	2	150	2	0	0	250	26	3	4	6	0	0	28	1	46	
Cracked Wheat Rolls Dough, Layer Pk.	6755	00378-7	6	2	2	2	140	2	0	0	250	27	3	4	6	0	0	28	1	47	
<b>HEAT &amp; SERVE BISCUITS AND ROLLS</b>																					
Honey Whole Wheat Biscuits	6285	01103-4	12	2.25	2.25	2	190	6	2	0	410	30	2	6	4	0	0.7	141	1.5	25	
Honey Whole Wheat Biscuits	6293	01321-5	12	1.25	1.25	1	100	3	1	0	230	17	1	3	2	0	0	78	0.8	14	
Honey Wheat Rolls	6611	01128-7	12	1	2*	2	130	2	1	0	10	240	26	2	3	4	0	0	11	1.3	24
Flax Seed Whole Wheat Honey Rolls	6675	00874-4	12	1.5	1.5	1.25	120	3.5	0.5	0	160	20	2	4	5	0	6	25	0.9	17	
<b>BREADSTICKS</b>																					
Honey Wheat Breadsticks Dough, Layer Pk.	6724	00966-3	4	1.5	1.5	1.5	110	1.5	0	0	190	20	2	3	4	0	0	20	1	36	
Honey Wheat Breadsticks Dough, Layer Pk.	6728	01078-5	4	1	2*	2	140	2	0	0	250	27	3	4	3	0	0	28	1	50	
White Whole Wheat Cheesy Garlic Breadsticks Dough	6786	01338-0	4	1	2*	2	180	6	1.5	0	280	25	2	4	6	115	1	62	1.3	44	
<b>CINNAMON ROLL DOUGH</b>																					
Honey Wheat Cinnamon Rolls Dough, Layer Pk.	6718	01077-8	4	2.25	2.25	2	180	4.5	1	0	250	31	3	8	5	0	0	36	2	47	

\*1 serving = 2 Rolls, 2 Biscuits, or 2 Breadsticks. ■ Items highlighted in blue are higher in fiber.

Product Description	Product Code	Case Count and Weight	Case Cu. Ft.	Case Gs. Wt.	GTIN
<b>ROLL DOUGHS – PROOF &amp; BAKE</b>					
Honey Wheat Ranch Yeast Rolls Dough, Tray Pk.	6152	240/1.5 oz.	0.71	24.0	1-00-47500-00260-5
Honey Wheat Yeast Bakery Rolls Dough, Tray Pk.	6731	360/1 oz.	0.50	25.0	1-00-47500-01079-2
Honey Wheat Yeast Bakery Rolls Dough, Tray Pk.	6735	180/2 oz.	0.50	25.8	1-00-47500-00323-7
White Whole Wheat Honey Rolls Dough, Tray Pk.	6737	180/2 oz.	0.50	25.8	1-00-47500-01251-2
Cracked Wheat Rolls Dough, Layer Pk.	6755	180/2 oz.	0.50	24.0	1-00-47500-00378-7
<b>HEAT &amp; SERVE BISCUITS AND ROLLS</b>					
Honey Whole Wheat Biscuits	6285	100/2.25 oz.	1.01	16.0	1-00-47500-01103-4
Honey Whole Wheat Biscuits	6293	105/1.25 oz.	0.62	9.0	1-00-47500-01321-2
Honey Wheat Rolls	6611	5/24/1 oz.	0.71	9.0	1-00-47500-01128-7
Flax Seed Whole Wheat Honey Rolls	6675	75/1.5 oz.	0.71	8.5	1-00-47500-00874-4
<b>BREADSTICKS</b>					
Honey Wheat Breadsticks Dough, Layer Pk.	6724	240/1.5 oz.	0.50	25.8	1-00-47500-00966-6
Honey Wheat Breadsticks Dough, Layer Pk.	6728	360/1 oz.	0.50	25.5	1-00-47500-01078-5
White Whole Wheat Cheesy Garlic Breadsticks Dough, Layer Pk.	6786	360/1 oz.	0.50	24.0	1-00-47500-01338-0
<b>CINNAMON ROLL DOUGH</b>					
Honey Wheat Cinnamon Rolls Dough, Layer Pk.	6718	160/2.25 oz.	0.54	25.0	1-00-47500-01077-8



Honey Wheat Yeast Bakery Rolls Dough



Honey Whole Wheat Biscuits



White Whole Wheat Cheesy Garlic Breadsticks Dough



Honey Wheat Cinnamon Rolls Dough

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